

## INTERNATIONAL SHERBORNE ASSOCIATION

### Advanced Practitioners Course (Level 3)

This Course has been agreed by the International body (ISCO) and participants will receive a Certificate of Attendance after successfully achieving the standard required from the 3-day, residential course.

#### Aims of the Course

To give participants a broader and deeper understanding of both the theory and practice of Sherborne Developmental Movement.

#### Pre-requisites

- a) To have attended Sherborne Association Basic Courses Level 1 and Level 2
- b) To have practised Sherborne Developmental Movement with clients for at least 12 months following the Basic Level 2 Course
- c) To have prepared a 10 minute video of this work in accordance with the prescribed criteria
- d) To have logged this 12 month practice in preparation for presentation to the Course tutors

#### Course Content

Underpinning theory of Sherborne Developmental Movement:-

- 1) Developmental psychology
- 2) Bio-mechanics (including safe handling)
- 3) Laban's Principles of Movement
- 4) Educational Philosophy

#### Practice of Sherborne Developmental Movement

- 1) Movement Observation
- 2) Planning, assessing, evaluating, recording and reporting movement sessions
- 3) Pedagogy (including teaching and learning styles; communicating through Movement)
- 4) Working with and enabling others to assist in Movement sessions