

Travel

Our venue for this celebration is West Downs Student Village, University of Winchester, Romsey Road, Winchester, Hampshire SO22 5HT. Maps and local travel details are on the UK website www.sherbornemovementuk.org

For delegates flying into the UK the advice from the University is to fly into Heathrow Airport if possible, then to travel by coach to Winchester. This part of your journey can be booked by visiting the National Express website at www.nationalexpress.com You may fly into other UK airports: you can still book a National Express coach to complete your journey to Winchester. It is advised that you book the coach to ensure a seat. This is the cheapest form of travel from airports to Winchester.

For delegates who are travelling by car you will have booked a parking space on your booking form for the celebration. You will need to collect your parking permit from the Registration Desk as soon as you arrive and display it in your car. You will be able to park anywhere on the West Downs site for the duration of the event. There are no restrictions on parking after 4pm.

For those of you who are arriving by public transport the train station is a 10/15 minute walk up the hill. A taxi will cost you approximately £5. The National Express coaches stop by the King Alfred Statue, in the city of Winchester. A taxi will cost approximately £11. On the other hand if you need a good walk after sitting down on your journey it will take 25 minutes (according to Google maps) and is just over one mile. This will take you up the High Street, and past the Great Hall, home of the famous Round Table. Further details on the website www.sherbornemovementuk.org

Accommodation

Booking will close seven days before the event.

A total of 49 delegates can be accommodated on the West Downs site, and for you information on 26th April 27 of these places had been booked. Those of us who live locally are attending on a daily basis to enable more of you to join us at this very competitive price. Once this number has been reached the University of Winchester online store will say 'sold out'. You will still be able to book on a day basis, and it is probable that there will be an option to book accommodation elsewhere on the university site, but it will be more expensive and about 5 minutes walk away.

On arrival make your way to the main entrance of the West Downs building where you will find the reception desk for the weekend celebration. Here, you will be given your room number and room key.

Your room will be available from 2pm on Friday 24th June, bed linen and towels are provided. You will need to vacate your room by 10.00 a.m. on the

Sunday morning. A room will be set aside for storage of cases. I have been asked to remind international delegates to bring an adaptor for their electrical equipment. Please remember to bring suitable clothing for the movement sessions. These sessions form an important part of our celebration.

There is free WiFi available on site, log in details will be provided upon registration.

If you arrive late your keys and any parking permit will be with the Site Stewards. Their office is on the downhill end of the main building on the West Downs site.

Sundries

A week before the Celebration you will be sent an emergency contact phone number, just in case you have a problem with your transport arrangements.

At both of the evening meals there will be a cash bar (GBP only) where there will be wine and soft drinks available. House wine is approximately £15 per bottle or £3 per glass. Still and sparkling water will be provided on every table. For people who appreciate a glass of beer there is a pub immediately opposite, which they can visit.

There will be resources for sale, including copies of Developmental Movement for Children, by Veronica Sherborne; Communicating Through Movement by Cyndi Hill; Building Blocks for Creative Movement DVD by Cher Mather and details of iBook Developmental Movement: The Sherborne Way by Penny Rance. There may be other publications on sale, brought by our International delegates.

Pictorial displays will include a timeline showing the development of Sherborne's ideas from 1945 to the present day along with current UK and international practice.

We hope you are getting as excited about this weekend as the organising committee are.